

OCTOBER 27, 2023

THE FRIDAY FLYER

Weekly Newsletter of Freeman High School



509-291-3721

Parent/Teacher Conferences

We will be having Parent/Teacher Conferences November 2nd and 3rd. Conferences are not required at FHS but are recommended if your student is struggling in a class or you would like to connect with a specific teacher. Our Conference Scheduler is open in Skyward Family Access until Monday.

HAVE YOU REGISTERED TO VOTE?

BECAUSE YOUR VOTE MATTERS

It's a simple process...

- ✓ Click on this image
- ✓ Scan the QR code



Thank you for your continued support of Freeman schools!

The Freeman School District complies with all federal and state rules and regulations and does not discriminate on the basis of age, sex, marital status, race, color, creed, national origin, disability or the use of a trained guide dog or service animal by a person with a disability, sexual orientation, including gender expression or identity, veteran or military status, and provides equal access to the Boy Scouts of America and other designated youth groups. Inquiries regarding compliance and/or grievance procedures may be directed to the school district's Title IX officer and/or Section 504/ADA coordinator: Randy Russell, Ph.D., Superintendent, 15001 S. Jackson Road, Rockford, WA 99030, 509-291-3695.

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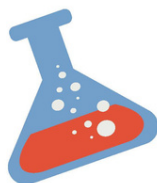


Save the Date!
FSD
**CURRICULUM AND
INFORMATION**



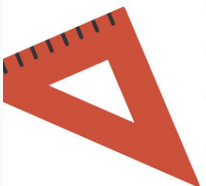
NIGHT

4:30- 6:30 PM
Thursday, Nov. 2



Join us in the K-8 MPR and the FHS MPR to
preview curricula that are of interest to our
community including:

- Social-Emotional Learning (K-12)
- Sexual Health and Education (5-12)
- Suicide Prevention (7-12)
- Career and Technical Education- CTE (7-12)
- STEAM Enrichment (K-5)
- Title/ LAP Reading Intervention (K-5)
- Balanced Calendar (TK-12)



UPCOMING events

NOVEMBER 2ND & 3RD
NO SCHOOL - Conferences

NOVEMBER 9TH
Veteran's Day Program 9am

NOVEMBER 10TH
NO SCHOOL - Veteran's Day
Observed

NOVEMBER 13TH
Winter Sports Begin

NOVEMBER 22ND
Early Release

NOVEMBER 23RD-24TH
NO SCHOOL - Thanksgiving
Break

NOVEMBER 28TH
Winter Sport Team Photos
After School with Leos

NOVEMBER 29TH
LATE START - 10:15AM
School Board Mtg. 6pm K8MPR

A complete listing of High School
events can be found under the High
School website at the "[Calendar](#)" tab.



- 2023 Veterans Day Celebration -

The Freeman Community and special guests are invited to join the Freeman School District for a program to honor those who have served our great country!

November 9, 2023 9:00 - 10:15
Freeman High School Gymnasium

- * Continental Breakfast: 7:45 - 8:30 (Veterans and their families)
- * Socializing: 8:30 - 8:55
- * Program: 9:00 - 10:15

Join us to celebrate those who have sacrificed so much!
www.freemansd.org

IMPORTANT COLLEGE & CAREER READINESS DATES:

- October 31: Carroll College in Library 10:15am - 10:35am
- November 1: ASVAB @ FHS 8:15am - 11:30am
- November 7: Common App Support during Scottie Time for Seniors
- November 15: Health Care Careers @ WSU Spokane 9am-12pm



Upcoming Sports



10/27 - Varsity vs. Medical Lake (Senior Night) 7pm

10/30 - JV @ Medical Lake 5pm

11/3 - Varsity vs. Quincy 7pm



10/28 - @ Home vs. Deer Park - District Playoffs 5pm
Admission required - **GO FAN ONLY**. [Purchase here](#)

11/1 - @ Home vs. TBD - District Playoffs 5pm or 7pm. Admission required - **GO FAN ONLY**. [Purchase here](#)



10/28 - @ Home vs. Lakeside - District Championship 1pm
Playoff Admission of \$8/\$6 - **NO PASSES**, GoFan only. [Purchase here](#).

CROSS COUNTRY

11/4 - State in Tri-Cities

Important Sports Links:



GO FAN

Pay Fines/Fees

 **goscotties.org**
athletics website

Winter Sports Begin Practice November 13th

Any students interested in participating in Basketball or Wrestling - the season begins in one month!

As with any sport, we must have a current sports physical on file in the school office before an athlete can practice.

We also need each student registered in Final Forms and all forms completed by both parent and student. Please note that to "register" for a sport, the parent must log in and select the appropriate sport, otherwise your student is not on the roster and you will not receive communications from coaches - which is very important, especially in the beginning. You can find a link to Final forms to the bottom left of this page.

If you have any questions regarding Winter Sports, Final Forms, payments, etc. please reach out to Kristal Hayek at khayek@freemansd.org or Chad Ripke at cripke@freemansd.org or call 291-3721.

Save the Date...2nd Annual Athletics Auction

SEE FULL FLYER ON PAGE 6...

Saturday, February 3rd, 5:30pm
at the Coeur d'Alene Casino & Resort

Tickets will go on sale by mid-November so keep watching for the link. If you want to guaranteed sit with friends, plan to purchase an entire table of 8 for reserved seating. Otherwise, it will be open seating for all other ticket holders.



Daily Happenings & General Information

We understand that communication is key. Our primary form of communicating with you as parents/guardians is through this Friday Flyer each week. Here is some basic FHS details...

BELL SCHEDULES

Regular Schedule		
0	7:00 - 7:50	50 min
1	8:15 - 9:05	50 min
2	9:10 - 10:00	50 min
SCOTTIE BREAK	10:00 - 10:10	10 min
ADVISORY	10:13 - 10:35	22 min
3	10:40 - 11:30	50 min
4	11:35 - 12:25	50 min
LUNCH	12:25 - 12:55	30 min
5	1:00 - 1:50	50 min
6	1:55 - 2:45	50 min

2 Hour Late Start		
1	10:15 - 10:51	36 min
2	10:56 - 11:32	36 min
3	11:37 - 12:13	36 min
LUNCH	12:13 - 12:43	30 min
4	12:47 - 1:23	36 min
5	1:28 - 2:04	36 min
6	2:09 - 2:45	36 min



ATTENDANCE LINE

We do not have an "attendance only" phone number at the high school. Please call our main phone line at 291-3721 if your student will be absent/tardy or leaving early on any given day.

BREAKFAST/LUNCH

We are operating under the standard National School Lunch guidelines, which means students pay for meals unless qualifying for Free/Reduced prices. The application is included in your online registration for returning students so please complete all forms ASAP. Instructions on how to apply [here](#).

SCOTTIE BREAK We have brought back Scottie Break at the High School this year. A light snack will be available for students to purchase from 10:00am - 10:10am. Cost: \$2.20

LUNCH - served at the High School in the MPR. Cost: \$3.50



ACTIVITY BUS

We have an Activity Bus that runs after sports M-F for the first two weeks of Middle School Sports Seasons and then M-Th the rest of the year. Bus departs at 5:25pm. Questions on more details, call the Transportation Department at 291-5555.



ATHLETICS AUCTION & Dinner Fundraiser

February 3rd | 5:30pm
Coeur d'Alene Casino & Resort

Join us for a fun evening featuring a social hour, silent & live auction and dinner to raise funds for officials fees, sports travel, equipment and more.

Tickets on sale Nov. 15th

TICKETS

\$50/PERSON

\$375/TABLE OF 8

Purchase a table & sit with friends for
RESERVED SEATING. Individual tickets and
couples will be **OPEN SEATING.**

How to get involved...

- ✓ Purchase tickets and attend (we sold out last year)
- ✓ Donate & help procure items by January 15th
- ✓ Volunteer to work on the committee or help set up/tear down
- ✓ Extend the fun and stay the night with our discounted room block - use booking id# 11671 CALL 1-800-523-2464 (sold out last year)

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If you have questions, would like to donate or volunteer please email khayek@freemansd.org

BLOOD DRIVE

Because of you, life doesn't stop.



FREEMAN HIGH SCHOOL BLOOD DRIVE

TUESDAY, NOV. 21ST
8:30AM – 12PM

SIGN
UP
HERE!



To make an appointment:

SCAN QR
code or visit
[Vitalant.org](https://www.vitalant.org)



CALL
877-258-4825
877-25-VITAL



Use the
**VITALANT
DONOR APP**



vitalant
Blood Donation



APPOINTMENTS
are encouraged.



Ask us how you can
POWER UP your donation.

#BecauseofYou, the future of our nation's blood supply is being built today. As our most loyal and frequent blood donors become older, young people are the future of our nation's blood supply; the future of ensuring blood is available for every patient in need.

**16 and 17 year old donors
– Please fill out a parent
permission form before
the blood drive.**

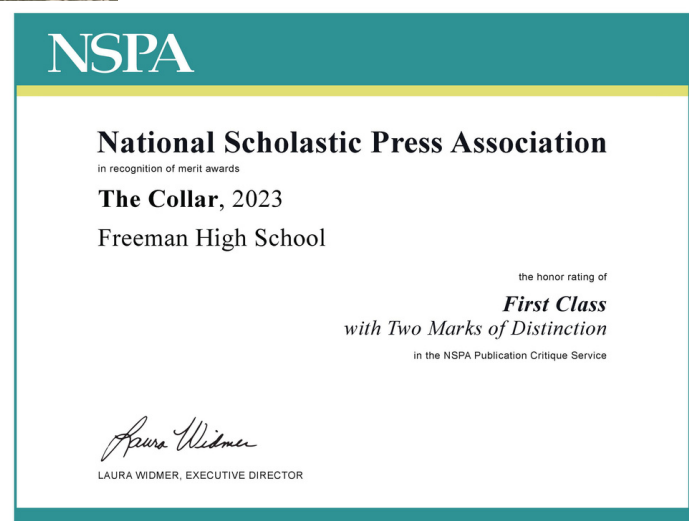
Student HIGHLIGHTS



Congratulations to the 2022-2023 Yearbook Class!

The 2023 yearbook earned a rating of First Class with Marks of Distinction in Essentials and Photography from the National Scholastic Press Association (NSPA).

Such an incredible accomplishment!



Student HIGHLIGHTS

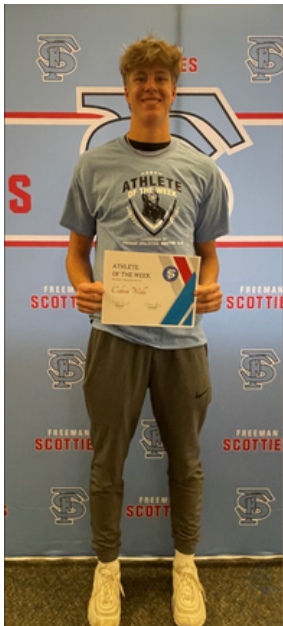


Some FHS Juniors & Seniors attended the Spokane National College Fair on October 24th at the Spokane Convention Center. They were able to talk to and learn about over 80 colleges and universities from across the country and even a few international. Information such as admission requirements, majors, life on campus and location of the colleges was offered by the amazing admissions representatives that were there.

National College Fair



Student HIGHLIGHTS



CONGRATULATIONS



ATHLETE
OF THE WEEK

COLTON
WELLS

FOOTBALL



CONGRATULATIONS



ATHLETE
OF THE WEEK

ALENA
COCHRAN

SOCCER



CONGRATULATIONS

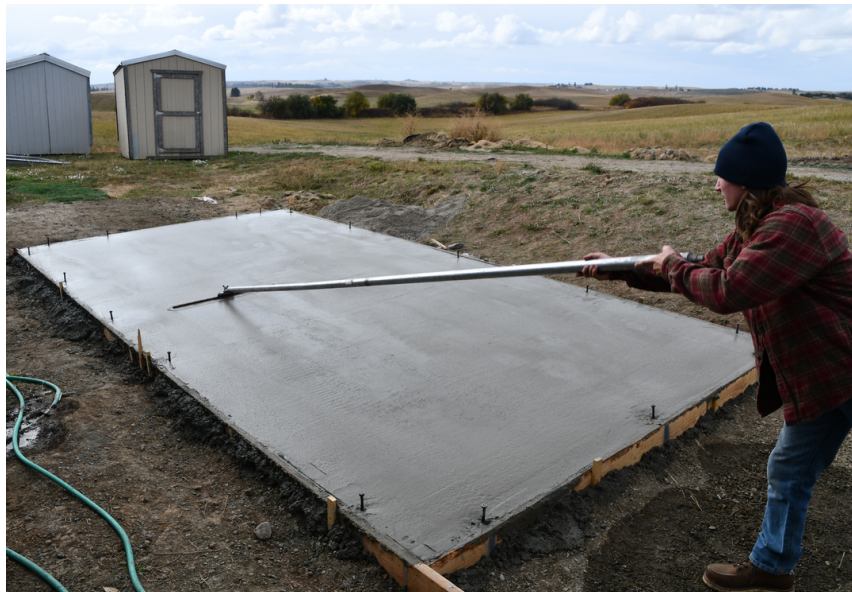


ATHLETE
OF THE WEEK

ELLIE
WINEINGER

CHEER

Student HIGHLIGHTS



FROM THE
CLASSROOM

Student HIGHLIGHTS

FROM THE
CLASSROOM



Student HIGHLIGHTS



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